

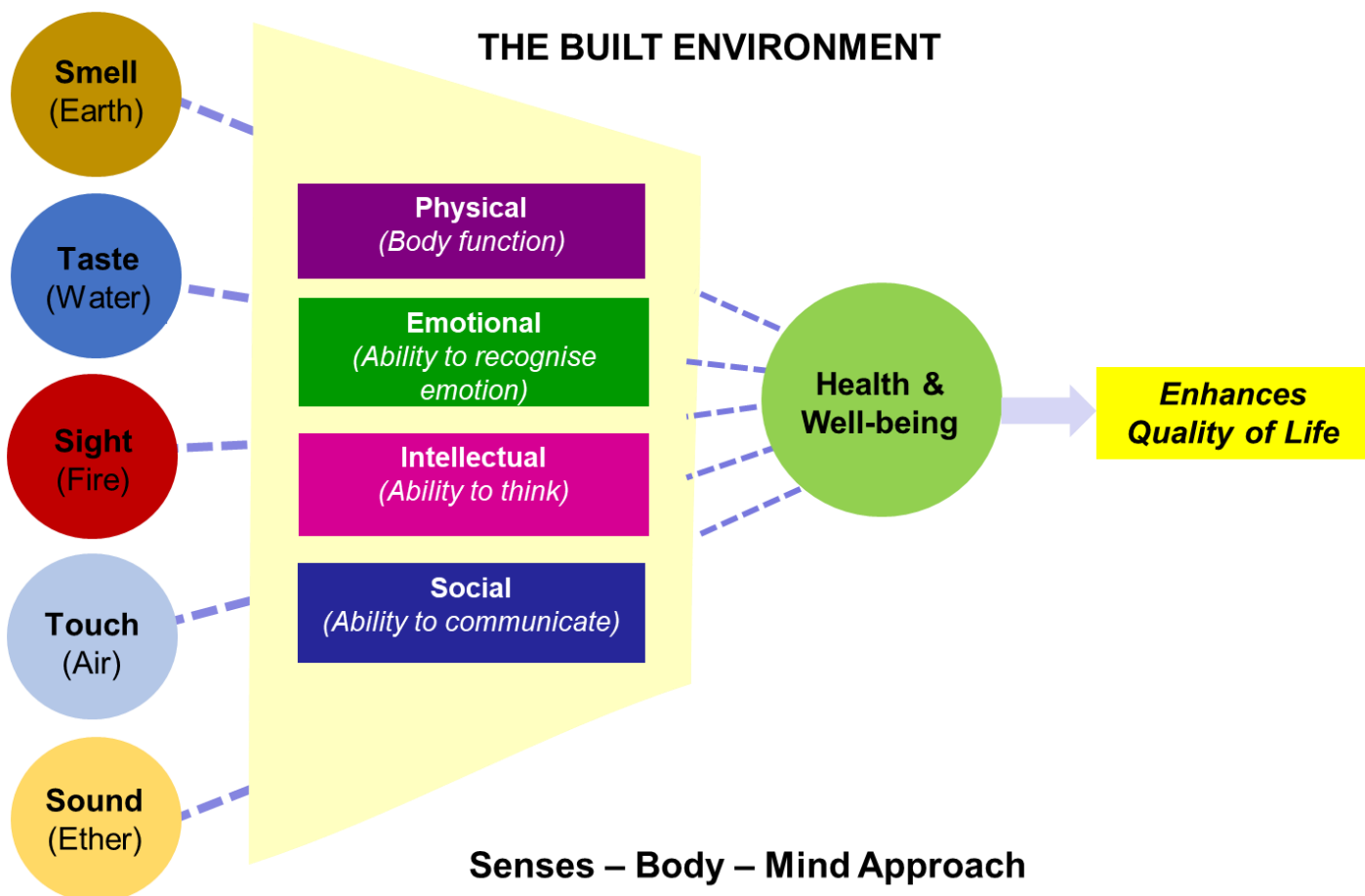
## IGBC's Health and Well-being Initiative

As a next chapter of the green & healthy building movement in India, it is vital to understand the **relation between occupant's health & well-being and the built environment**. The development of IGBC Health & Well-being Rating System<sup>®</sup> is another important step in this direction. It emphasises on the built environment which plays a vital role in the wellness of the occupant and should be closely knitted with people centric design.

The rating further strengthen the area of well-being and would guide facilities to be **safe, healthy, productive** and add to the **overall happiness of the occupants**.

The IGBC Health & Well-being Rating is designed primarily for new buildings and existing buildings of all commercial developments (Owner occupied and Tenant Occupied). The rating system additionally offers the flexibility to certify a project based on floor wise area.

The IGBC Health & Well-being Rating **addresses the Physical, Emotional & Intellectual and Social Well-being of the occupants**.



IGBC's Health and Well-being rating system is designed to address National priorities and encourages people centric design. It holistically caters to the wellness of occupants & the built environment.

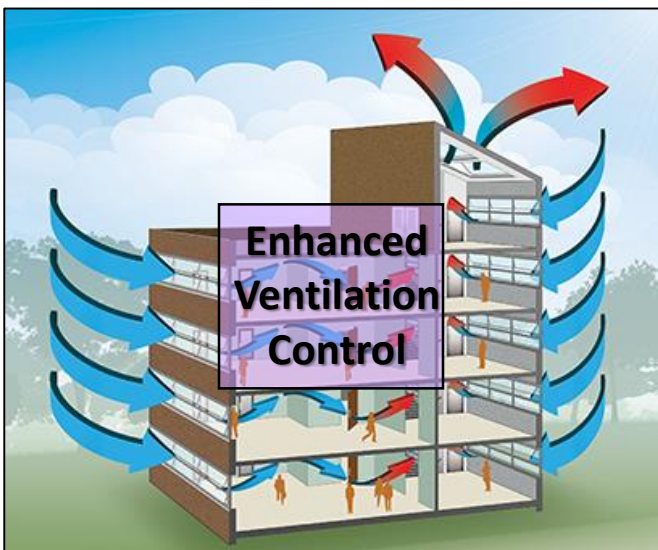
## IGBC's Health and Well-being Certification Holistically Address & Enhance Indoor Air Quality



PM and Contamination Control



Measure, Monitor & Maintain IAQ



Fresh Air Ventilation



Temperature, Humidity Management

“Wellness is an extremely powerful element that can play a significant role in occupant engagement, productivity, talent retention, creativity and innovation”. The rating system creates healthier & safer indoor environments.

## IGBC’s Health and Well-being Certification Improves and Reduces Indoor Emissions & Contaminants



### Disinfection of High Touch Surfaces

### Bacteria, Virus & Microbe Control



### Dampness and Microbe Control

### Controlled Indoor Emissions



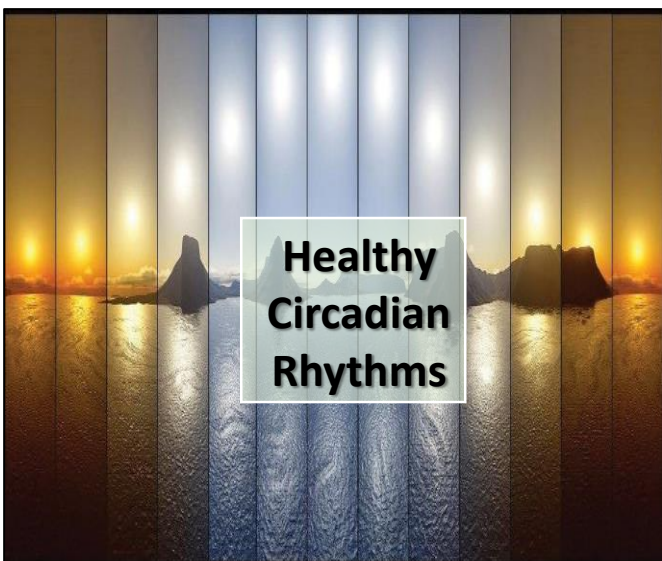
Going the healthy and green way is indeed the need of the hour. Small but significant steps will make a difference to us, people around us and eventually to the global community. Adopting health and well-being practices must become a way of life!

## IGBC's Health and Well-being Certification Promotes and Improves Overall Physical Comfort



**Optimum Illumination**

**Maintaining Optimal Glare Index**



**Regulate Bodies Sleep-Wake Cycles**

**Energy Efficiency & Healthy Indoors**

How people ‘function’ and ‘feel’ within personal and social circles strongly reflects the kind of environment they are in. The guidelines include important concepts of incorporating Enhanced Visual, Thermal, Olfactory, Acoustical and Ergonomic Comfort.

## IGBC’s Health and Well-being Certification Encourages the following:



**Universal Design for Occupants**

**Control & Neutralising Bad Odour**



**Flexible Furniture and Movement**

**Quieter & Stress Free Environments**

**Healthy Buildings are part of the solution**

[www.igbc.in](http://www.igbc.in)

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